

### **AUT SPORT & FITNESS CENTRES**

# Holiday Programme Behaviour Management Policy

#### **Purpose**

To ensure staff, caregivers and children follow the Centre rules as required and understand the behavior management policy if these rules are broken. This helps to provide a safe and harmonious environment for the programme to operate in.

#### Prevention

It is the Centre's aim to prevent poor behaviour arising in the first instance. Steps we will take to endorse prevention are:

- Morning briefing by Senior Staff member covering behaviour expectations and health & Safety procedures
- 2. Staff ratio of 1:10 at all times
- 3. Daily programme displayed on white board with appropriate activities organised
- 4. AUT Values and Programme Rules are clearly displayed on white board (see below)
- 5. Children are given responsibilities to contribute to the functioning of the programme (clearing tables, setup/packdown of activities, team captains)
- 6. Positive reinforcement is used often with children to reward and promote good behaviour (e.g. well done for picking up your rubbish)

#### **AUT Values & Programme Rules**



Tāwhaitia te ara o te tika, te pono me te aroha, kia piki ki te taumata tiketike.
Follow the path of integrity, respect, and compassion; scale the heights of achievement.

- 1. We must respect each other at all times
- 2. We must respect the equipment and property of others
- 3. We must always listen to instructions from the AUT staff
- 4. We must remain with the group or allocated activity





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#### **Guidelines for dealing with misbehaviour**

#### Mild to moderate misbehavior – 3 strikes

- 1. Ask the child what value/rule they have broken and why this has happened
- 2. Remind the child what the appropriate way to behave is
- 3. Let them know they are receiving a verbal warning Strike 1
- 4. If the child continues to misbehave repeat steps 1-2 and let them know they are now receiving a written warning. Add notes to the Daily Report. **Strike 2**
- 5. If the behaviour is repeated again repeat steps 1-2 and ask the child to be seated in a chair that is away from the group. **Strike 3**.
- 6. A Senior Staff member is to be notified immediately.
- 7. Notes will be made in the daily report by the senior staff member.
- 8. If this pattern of behavior continues to repeat itself, then follow the guidelines for serious misbehaviour below.

#### Serious misbehaviour

- 1. Immediately ask the child to be seated in a chair away from the group
- 2. Ask for assistance from a senior staff member straight away
- 3. Senior staff member will go through the following with the child while you are present:
  - a. Ask the child what value/rule they have broken and why this has happened
  - b. Remind the child what the appropriate way to behave is
- 4. The child will be seated away from the group for a 10-minute timeout.
- 5. Notes will be made in the daily report by the senior staff member
- 6. The senior staff member will decide if the caregiver needs to be contacted to collect the child.
- 7. If they are allowed back into the programme they must be closely monitored by our staff. If they misbehave again follow through from step 1 of 'Serious misbehaviour' again.
- 8. If a child continues to break the rules and/or behaves in a dangerous manner they may be excluded from the programme indefinitely.
- If the child is allowed back in to the programme after exclusion they may be asked for a meeting with their caregiver and Senior staff to discuss a behavior agreement moving forward.