



SCHOOL HOLIDAY PROGRAMME

AUT

KIDS GET EXCITED! THE HOLIDAYS ARE COMING

AUT Gym's Holiday Programme has an awesome mix of activities to keep your kids active, inspired, and engaged all day long. We cater for children 5-13 years. Register early as space is limited.

gym.aut.ac.nz/kids

AUT GYM

AUT SPORT + FITNESS CENTRE HOLIDAY PROGRAMME 2020

WEEK ONE	6 JULY	Super Sports	It's a spectacular sports day! Get involved with a day of ball skills, drills and some DIY sport designs.
	7 JULY	Creative Kids	Creative stress balls, chalk creations, and charades session! This day is a MUST for the budding creative!
	8 JULY	Whacky Wednesday	Brrr a winter day to make the most of! Full of Popsicle stick snow flakes, Penguin poppers, Snowman bingo and snowmen activity!
	9 JULY	Fun Thursday	Love to create? Crafty kids will love making their own works of art and creative creations including water colours and puppets!
	10 JULY	Super Hero Friday	Are you a super hero? Hulk or Princess, make the most of today's challenges topped off with a Superhero movie!
WEEK TWO	13 JULY	Fun & Fitness	Fight Fit, yoga and golf. Get those hearts beating with a fun filled day of games and fitness activities.
	14 JULY	Backyard Bonanza	Discover our own backyard with water balloon challenges, tug of war, nature hunt and trip to AUT's own sensory garden.
	15 JULY	Team Challenges	Warm ups, ice breakers, and a day filled with building, and blindfold challenges, you've got a minute to win it so lets do it!
	16 JULY	Master Minds	Like a challenge day? How about building the tallest tower, creating your own puzzle, or hot seat challenge? Problem solving is key!
	17 JULY	Fun FriYAY	Finish the week with a fun day of games and activities, and spend time with new friends and finish with a movie.

NEED TO KNOW ...

TIMES: The programme runs from 9am to 3pm

DROP OFF TIMES

North Campus, AH level 1: from 8am to 8.45am

PICK UP TIMES

North Campus, AH level 1: from 3pm to 4pm

COST AND PAYMENT: \$45 daily / \$200 weekly.

Payment can be made at reception by cash, credit, EFTPOS or cheque.

AFTER HOURS: Parents may extend their pick-up time to between 4–5pm at \$10 per child.*

SAFETY: All of our programme facilitators are first aid qualified, trained on centre specific safety procedures, and police vetted.

WHAT TO BRING ...

- Wear sport shoes and active clothing
- Pack a change of clothes
- Warm jacket and sunhat
- A book to read or a game to share
- A bottle of water, morning tea & packed lunch

SUBWAY: Place lunch orders at reception daily.

CONTACTS ...

AUT Sport + Fitness Centre, AUT North Campus
90 Akoranga Drive, Northcote, Auckland.

Call: 09 921 9747

Email: holiday.programme@aut.ac.nz

Web: gym.aut.ac.nz/kids

* See our website for our full terms & conditions.

REGISTER ONLINE OR AT THE CENTRE.